InBody Result Sheet

Provides reference parameters to thoroughly evaluate patients' conditions across various medical practices.

InBody

[InBody770S]

InBody
inbody.com

ID	Height	Age	Gender	Test Date / Time
Jane Doe	156.8cm	51	Female	05.30.2025 11 : 13

❶ Body Composition Analysis

Values	Total Body Water	Soft Lean Mass	Fat Free Mass	Weight
Total Body Water (L) — 27.8 (26.9 ~ 32.9)	27.8	35.5 (34.6 ~ 42.2)	37.7 (36.6 ~ 44.8)	59.1 (45.0 ~ 60.8)
Protein (kg) — 7.3 (7.2 ~ 8.8)				
Minerals (kg) — 2.65 (2.49 ~ 3.05)	non-osseous			
Body Fat Mass (kg) — 21.4 (10.6 ~ 16.9)				

❷ Muscle-Fat Analysis

		Under	Normal	Over	
Weight	(kg)			59.1	%
SMM Skeletal Muscle Mass	(kg)			19.9	%
Body Fat Mass	(kg)			21.4	%

❸ Obesity Analysis

		Under	Normal	Over
BMI Body Mass Index	(kg/m²)			24.0
PBF Percent Body Fat	(%)			36.1

❹ Segmental Lean Analysis

Based on ideal weight ▬ Based on current weight ▬

		Under	Normal	Over	ECW Ratio
Right Arm	(kg) (%)			2.01 / 100.2	0.380
Left Arm	(kg) (%)			1.92 / 96.1	0.382
Trunk	(kg) (%)			17.7 / 97.7	0.398
Right Leg	(kg) (%)			5.23 / 82.7	0.398
Left Leg	(kg) (%)			5.16 / 81.6	0.399

❺ ECW Ratio Analysis

	Under	Normal	Over
ECW Ratio			0.396

❻ Body Composition History

Weight	(kg)	65.3	63.9	62.4	61.8	62.3	60.9	60.5	59.1
SMM Skeletal Muscle Mass	(kg)	20.1	20.0	19.7	19.7	19.8	19.7	19.8	19.9
PBF Percent Body Fat	(%)	41.3	40.7	39.2	39.0	39.4	38.6	37.8	36.1
ECW Ratio		0.399	0.398	0.396	0.396	0.397	0.396	0.398	0.396

☑ Recent ☐ Total

07.21.24 15:11	08.27.24 14:58	09.20.24 15:02	11.23.24 15:23	12.21.24 15:00	02.19.25 14:52	03.20.25 15:12	05.30.25 11:13

❼ InBody Score

69 / 100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

❽ Visceral Fat Area

VFA(cm²)

123.1
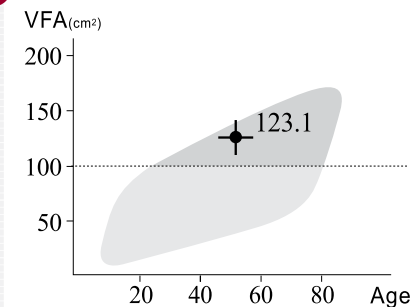
❾ Weight Control

Target Weight	52.9 kg
Weight Control	- 6.2 kg
Fat Control	- 9.2 kg
Muscle Control	+ 3.0 kg

❿ Segmental Fat Analysis

▼ | − | ▲

Right Arm	(1.5kg)	170.1%
Left Arm	(1.6kg)	176.3%
Trunk	(11.4kg)	229.3%
Right Leg	(2.9kg)	127.7%
Left Leg	(2.9kg)	127.2%

⓫ Research Parameters

Intracellular Water	16.8 L	(16.6~20.4)
Extracellular Water	11.0 L	(10.3~12.5)
Basal Metabolic Rate	1185 kcal	(1255~1451)

⓬ Whole Body Phase Angle

$\phi(°)$ 50 kHz — 4.3°

⓭ Sarcopenia Parameters

SMI	5.8 kg/m²	(< 5.7)
HGS	15.8 kg	(< 18.0)
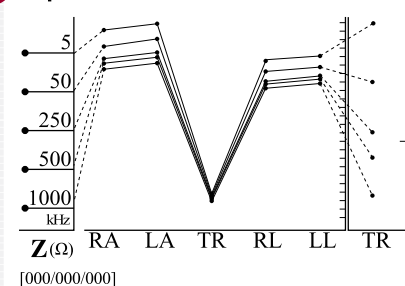
⓮ Impedance

Z(Ω)
[000/000/000]

RA LA TR RL LL TR

InBody Body Water [InBody770S]

ID	Height	Age	Gender	Test Date / Time
Jane Doe	156.8cm	51	Female	05.30.2025 11 : 13

❶ Body Water Composition

		Under	Normal	Over	
TBW Total Body Water	(L)	70 80 90	100 110	120 130 140 150 160 170 %	27.8
ICW Intracellular Water	(L)	70 80 90	100 110	120 130 140 150 160 170 %	16.8
ECW Extracellular Water	(L)	70 80 90	100 110	120 130 140 150 160 170 %	11.0

❷ ECW Ratio Analysis

	Under	Normal	Over
ECW Ratio	0.320 0.340 0.360 0.380 0.390	0.400 0.410	0.420 0.430 0.440 0.450 — 0.396
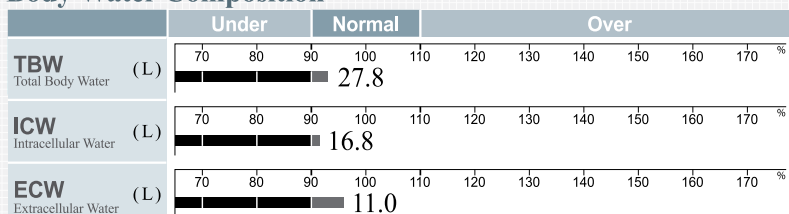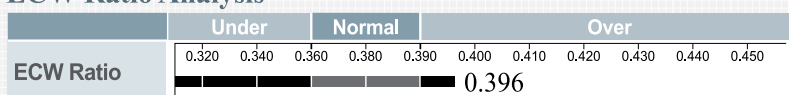
❸ Segmental Body Water Analysis

		Under	Normal	Over	
Right Arm	(L)	40 60 80	100 120	140 160 180 200 220 240 %	1.56
Left Arm	(L)	40 60 80	100 120	140 160 180 200 220 240 %	1.50
Trunk	(L)	70 80 90	100 110	120 130 140 150 160 170 %	13.9
Right Leg	(L)	70 80 90	100 110	120 130 140 150 160 170 %	4.10
Left Leg	(L)	70 80 90	100 110	120 130 140 150 160 170 %	4.04
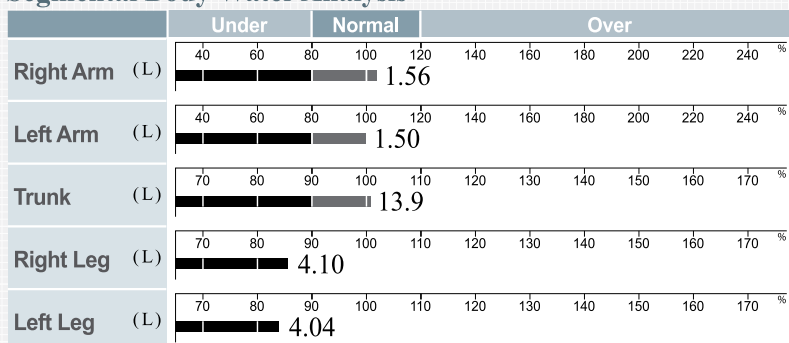
❹ Segmental ECW Ratio Analysis

		Right Arm	Left Arm	Trunk	Right Leg	Left Leg
Over	0.43 / 0.42 / 0.41					
	0.40			0.398	0.398	0.399
Slightly Over	0.39					
	0.38	0.380	0.382			
Normal	0.37 / 0.36					
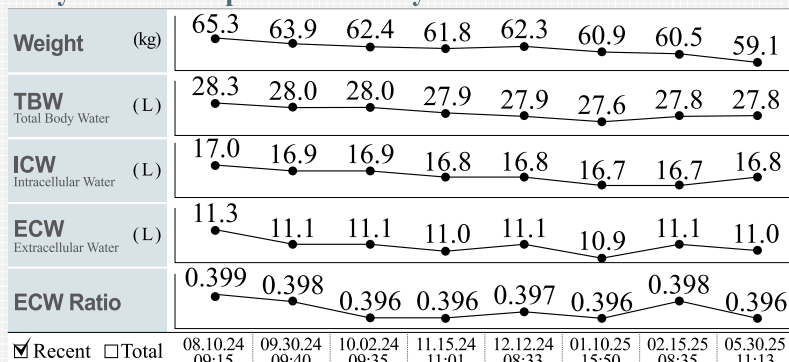
❻ Body Water Composition

Total Body Water	27.8 L	(26.3 ~ 31.4)
Intracellular Water	16.8 L	(16.3 ~ 19.9)
Extracellular Water	11.0 L	(10.0 ~ 12.2)

❼ Body Composition Analysis

Protein	7.3 kg	(7.2 ~ 8.8)
Minerals	2.65 kg	(2.49 ~ 3.05)
Body Fat Mass	21.4 kg	(10.6 ~ 16.9)
Fat Free Mass	37.7 kg	(36.6 ~ 44.8)
Bone Mineral Content	2.24 kg	(2.05 ~ 2.51)

❽ Muscle-Fat Analysis

Weight	59.1 kg	(45.0 ~ 60.8)
Skeletal Muscle Mass	19.9 kg	(20.0 ~ 24.4)
Soft Lean Mass	35.5 kg	(34.6 ~ 42.2)
Body Fat Mass	21.4 kg	(10.6 ~ 16.9)

❾ Obesity Analysis

BMI	24.0 kg/m²	(18.5 ~ 25.0)
PBF	36.1 %	(18.0 ~ 28.0)

❿ Research Parameters

Basal Metabolic Rate	1185 kcal	(1255 ~ 1451)
Waist-Hip Ratio	0.96	(0.75 ~ 0.85)
Waist Circumference	87.9 cm	
Visceral Fat Area	123.1 cm²	
Obesity Degree	112 %	(90 ~ 110)
Body Cell Mass	24.1 kg	(23.9 ~ 29.3)
Arm Circumference	29.9 cm	
Arm Muscle Circumference	25.4 cm	
TBW/FFM	73.6 %	
FFMI	15.3 kg/m²	
FMI	8.7 kg/m²	

⑪ Whole Body Phase Angle

ϕ(°) 50 kHz | 4.3°

⑫ Impedance

Z(Ω) RA LA TR RL LL TR
[000/000/000]

❺ Body Water Composition History

Weight	(kg)	65.3	63.9	62.4	61.8	62.3	60.9	60.5	59.1
TBW Total Body Water	(L)	28.3	28.0	28.0	27.9	27.9	27.6	27.8	27.8
ICW Intracellular Water	(L)	17.0	16.9	16.9	16.8	16.8	16.7	16.7	16.8
ECW Extracellular Water	(L)	11.3	11.1	11.1	11.0	11.1	10.9	11.1	11.0
ECW Ratio		0.399	0.398	0.396	0.396	0.397	0.396	0.398	0.396
☑ Recent ☐ Total		08.10.24 09:15	09.30.24 09:40	10.02.24 09:35	11.15.24 11:01	12.12.24 08:33	01.10.25 15:50	02.15.25 08:35	05.30.25 11:13